

**Mobility Cup 2005**  
**August 22-27, 2005**  
**Glenmore Sailing Club ~ Calgary, Alberta, Canada**

**Sailing Instructions**

**1. Rules**

- 1.1. The regatta will be governed by The Racing Rules of Sailing (RRS) 2005-2008, the Martin 16 Class Rules, the Mobility Cup 2005 Notice of Race, and the prescriptions of the Canadian Yachting Association. In the event of a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions shall be used as the final authority.
- 1.2. The regatta will be sailed in Single-Handed Format, as defined by Martin 16 Class
- 1.3. Rules (M16CR), Rule 6.2.
- 1.4. For the safety of competitors and equipment, Silver fleet sailors are required to have a Sailing Companion on board. Sailors may provide their own Sailing Companion or accept one assigned by the Mobility Cup 2005 Organizing Authority. The assignment of a Sailing Companion shall not be grounds for redress. The role of the Sailing Companion is described in M16CR 6.2.2.. For the Silver fleet only, the Sailing Companion may provide tactical assistance. This changes M16CR 6.2.2.3.
- 1.5. Gold Fleet competitors may choose to compete with a Sailing Companion. M16CR 6.2.3 Minimum Weight Rule will not apply to Gold Fleet competitors.

**2. Notices to Competitors**

- 2.1. Notices to competitors will be posted on the official notice board inside the Glenmore Sailing Club.

**3. Changes in Sailing Instructions**

- 3.1. Any change to the sailing instructions will be posted before 0800 on the day it will take effect. Any change to the schedule of races will be posted by 2000 on the day before it may take effect.

**4. Signals Made Ashore**

- 4.1. Signals made ashore will be displayed at the flagpole at the Glenmore Sailing Club.
- 4.2. When Flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes after AP is lowered".

**5. Schedule of Races**

Tuesday August 23	Wednesday August 24	Thursday August 25	Friday August 26	Saturday August 27
Practice Race Silver Fleet Warning Signal 1000	Silver Fleet Warning Signal 1000	Gold Fleet Warning Signal 1000	Silver Fleet Warning Signal 1000	Gold Fleet Warning Signal 1000
Practice Race Gold Fleet Warning Signal 1400	Gold Fleet Warning Signal 1400	Silver Fleet Warning Signal 1400	Gold Fleet Warning Signal 1400	Silver Fleet Warning Signal 1400

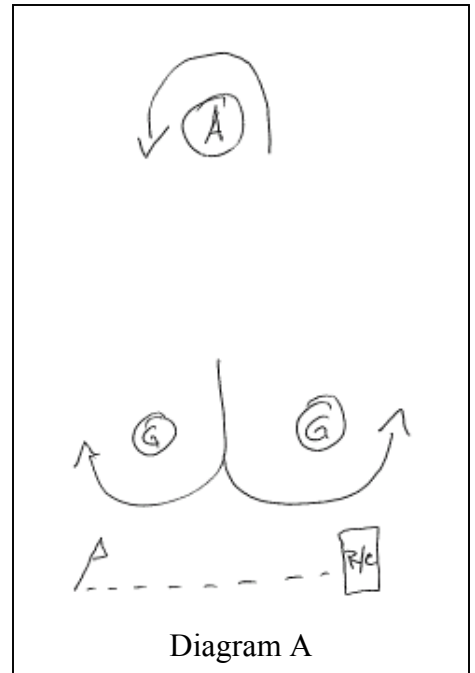
- 5.1. Two races are scheduled for each division per day.
- 5.2. For the second race each day for each fleet, the warning signal shall be made as soon as practicable after the first race.

**6. Class Flags**

- 6.1. The Class flag for both fleets will be the Martin 16 Class Flag.

## 7. Race Course

- 7.1. Diagram A shows the course, including the order in which the marks are to be passed, and the side on which each mark is to be passed.
- 7.2. Course Indicators will be a numeral card on the back of the RC boat. The number will determine the course to be sailed as below.
  - 1 = S A F
  - 2 = S A G A F
  - 3 = S A G A G A F
  - 4 = S A G A G A G A F



## 8. Marks

- 8.1. The marks will be orange and triangular in shape.
- 8.2. New marks, when used in accordance with Sailing Instruction 12, Change of Position of the Next Mark, will be the same as the original marks.
- 8.3. An “anti-barging” mark will be used at the Race Committee boat on the start line and also over the RC boat anchor line. Do not pass between the Spacer Marks and the RC Boat.

## 9. The Start

- 9.1. Races will be started in using rule 26 with the warning signal given 5 minutes before the starting signal.
- 9.2. The starting line will be between a staff flying a CYA Race Committee flag on the race committee boat at the starboard end and a yellow and orange flag on a staff at the port end.

## 10. Change of Position of the Next Mark

- 10.1. A change of course after the start will be signaled before the leading boat has begun the leg, even though the new mark may not be in position. A replacement mark will be the original marks (as described in 8.1) or a course boat displaying Code Flag ‘C’. This amends RRS Part 3 Rule 33.

## 11. The Finish

- 11.1. The finish line will be between a staff flying a CYA Race Committee flag on the race committee boat at the port end and a yellow and orange flag on a staff at the starboard end.

## 12. Time Limit

- 12.1. The time limit for the first boat to complete a race will be 60 minutes.
- 12.2. If no boat has passed the windward mark on leg 1 within 30 minutes the race will be abandoned.
- 12.3. Boats failing to finish within 30 minutes after the first boat finishes will be scored based on their position at the expiration of the time limit. This changes RRS Part 3 Rule 35 and A4.

## 13. Safety Regulations

- 13.1. All boats shall report to and be acknowledged by the RC Start Boat prior to their first Warning Signal of the day. Failure to do so will result in a DNS.
- 13.2. A whistle must be attached to every competitor’s PFD unless the Safety officer grants an exception. This whistle will be used for ‘distress’ only.
- 13.3. All boats shall have a minimum 5 meter x 7 mm diameter painter line that must be securely attached to their boat when on the water.

## 14. Protests and Requests for Redress

- 14.1. Protest forms are available in the Glenmore Sailing Club. Protests shall be delivered to a member of the Race Committee within the protest time limit.
- 14.2. For each fleet, the protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 14.3. For the purpose of rule 64.3(b) the 'authority responsible' is the measurer appointed by the organizing authority.
- 14.4. On the last day of the regatta a request for reopening a hearing shall be delivered
- 14.5. Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
- 14.6. No later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS Part 3 rule 66

## **15. Scoring**

- 15.1. The Low Point Scoring System in Appendix A will apply.
- 15.2. One race is required to be completed to constitute a series.
- 15.3. When 5 or more races are completed, a boat's series score will be the total of her race scores excluding her worse race score.

## **16. Alternative Penalties**

- 16.1. RRS 44.2 is changed so that a Two-Turns Penalty is replaced by a making one turn including a tack and a gybe.
- 16.2. A boat that has taken a penalty or retired under rule 31.2 or 44.1 shall complete an acknowledgement form at the race office within the protest time limit.

## **17. Replacement of Crew or Equipment**

- 17.1. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **18. Outside Assistance**

- 18.1. At the discretion of the race committee, outside assistance provided by the Race Committee, Safety or Support boats following the Warning Signal will leave the racing participant subject to Disqualification. Boats that provide assistance will make note of all "assistance" situations for evaluation. As an example, delivery of water will not constitute a disqualification.
- 18.2. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones and all other forms of electronic communication

## **19. Measurement Inspections**

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by the race committee measurer to proceed immediately to a designated area for inspection.

## **20. Charter Boats**

- 20.1. In the case of boats being provided by the Organizing Authority, competitors shall not modify them or cause them to be modified in any way except that:
  - 20.1.1. A compass may be tied or taped to the hull or spars:
  - 20.1.2. Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat:
  - 20.1.3. Hulls, keels and rudders may be cleaned, but only with water:
  - 20.1.4. Adhesive tape may be used anywhere above the water line: and
  - 20.1.5. All fittings or equipment designed to be adjusted may be adjusted, provided the class rules are complied with.

- 20.2. All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
- 20.3. The penalty for not complying with one of the above instructions may be disqualification from all races sailed in which the instruction was broken.
- 20.4. Competitors shall report any damage or loss of equipment, however slight, to the Organizing Authority's representative immediately after securing the boat ashore. Any member of the Organizing Authority, Race Committee or a Boat Owner or Owner's Representative may protest any or all boats which have contributed to the damage or loss. The penalty for failing to report, unless the jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

## **21. Use of Boats and Equipment**

- 21.1. Competitors may protest boats for violation of the Martin 16 Class Rules. The penalty may be disqualification from all races sailed in which the instruction was broken.
- 21.2. Sailors shall not modify, cause to be modified or repair boats and equipment without the knowledge and agreement from the Boat Owner. Violation may result in the decision by the Owner to withhold the boat from further competition.

## **22. Support Boats**

- 22.1. All support and coach boats shall register with the organizing authority prior to 1800 hours on Tuesday August 23, 2005.
- 22.2. Support boats shall remain 30 meters away from all competing boats after the Preparatory signal and while the fleet is racing.
- 22.3. Support boats shall carry a 15-meter painter line, a radio capable of monitoring the safety radio channel and the rescue equipment necessary to be an effective rescue boat. Radio contact will be maintained with the Chief Safety Officer and support boats shall respond to all requests for assistance by the Chief Safety Officer.

## **23. Official Boats**

- 23.1. Race Committee boats and Safety Boats will display a yellow flag or CYA Race Committee flag for ease of identification and also carry a 15 meter painter line.

## **24. Prizes**

- 24.1. Prizes shall be awarded to the top five finishers in both Gold and Silver fleets.
- 24.2. All competitors will receive recognition for their participation in Mobility Cup 2005.
- 24.3. The Mobility Cup will be presented to the winner of the Gold fleet
- 24.4. The Coupe Dallaire will be presented to the winner of the Silver fleet
- 24.5. The Sam Sullivan Trophy will be presented to the highest finishing competitor using sip and puff technology.

## **25. Disclaimer of Liability**

- 25.1. Competitors participate in the regatta entirely at their own risk (Part 1, Rule 4, Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death, sustained in conjunction with or prior to, during, or after the event.